

KSA LEAGUE 1 CHAMPIONSHIP

2023- ELITE DIVISIONS

Lavender Hill Sports Facility –
Prince George Drive- Grindal Ave,
Lavender Hill, Cape town



13th - 16th April 2023
(Thursday to Sunday)

**Sunday 16th April 2023 will be the OPEN Training with the
KSA National Coaches PLUS NATIONAL TEAM TRAINING
AND FINAL ANNOUNCEMENT NATIONAL TEAM**

GENERAL INFORMATION

- **What is our aim?** This is the National Elite Championship, to maintain KSA National Ranking system, and to select National Team.

The details are as follows:

Thursday 13th April 2023: WEIGH IN 16h00-20h00

Thursday 13th April 2023: Referees and Coaches Course and Exam 12h00 to 16h00- There will be a Elite/National Coaches and Referees Course and Exam PLUS a Development Coaches and Referees Course and Exam.

Friday 14th April 2023 Tournament Starts: 08h00- till late – All Kata Divisions and All Children's Kumite

Saturday 15th April 2023 Start: Cadet (14/15yrs), Junior (16/17yrs) Kumite Divisions, U21 Kumite Divisions, Senior Kumite Divisions, Veterans and Masters Kumite Divisions

- **Venue: Lavender Hill Sports Facility – Prince George Drive- Grindal Ave, Lavender Hill, Cape town**
- **Participation Fee: R350.00 per individual category, R500.00 per team event**
- **Spectators: R 50 per spectator RIGHT OF ADMISSION RESERVED**
- **Closing date for entries: Wednesday 5th April 2023- NO LATE ENTERIES WILL BE ACCEPTED**

ENTRY FORMS AND SET ONLINE

- ALL ENTERIES MUST BE ENTERED ONTO SET ONLINE(Sportdata) BEFORE THE CLOSING DATE - BY PROVINCES.
- A COPY OF THE PROVINCIAL ENTRY SPREADSHEET AND PROOF OF PAYMENT MUST BE SENT TO:
- kznkaratekid@gmail.com
- treasurer@karate-sa.org

BEFORE THE CLOSING DATE- **Wednesday 5th April 2023**

- ATHLETES ENTERED INCORRECTLY BY PROVINCES WILL BE DISQUALIFIED – please make sure you enter you athletes in the right divisions

GENERAL CHAMPIONSHIP RULES

CHILDREN'S Kata Rules:

7- 9yrs – 2 kata all the way through

1st kata can be repeated up until Medal Rounds

2nd kata – MUST CHANGE KATA FOR MEDAL BOUTS

10- 11yrs- MUST DO 3 KATAS:

- 1st kata can be done in the first round
- 2nd kata – MUST CHANGE KATA FOR 2nd round until Medal bouts.
- 3rd kata – MUST CHANGE KATA FOR MEDAL BOUTS

11-13yrs – Must perform 4 KATAS

- 1ST Kata – for the 1st Round
- 2nd Kata – from the 2nd Round
- 3rd Kata – from the 3rd Round
- 4th Kata – 4th Round and MEDAL BOUTS (may be repeated)

Cadets and Juniors Kata: 14yrs and up WKF 2023 Kata Rules
Apply- Clocking System will be used.

CHILDREN DIVISIONS

- Divisions will be as follows as mentioned below:

FRIDAY

- ALL TEAM KATA
- ALL INDIVIDUAL KATA

All Childrens Kumite:

- Girls Kumite, 8/9 Years -30kgs
- Girls Kumite, 8/9 Years +30kgs
- Boys Kumite, 8/9 Years -30kgs
- Boys Kumite 8/9 Years +30kgs
- Boys Kumite, 10/11 Years, -30Kg
- Boys Kumite, 10/11 Years, -35Kg
- Boys Kumite, 10/11 Years, -40Kg
- Girls Kumite, 10/11 Years, -30Kg
- Girls Kumite, 10/11 Years, -35Kg
- Girls Kumite, 10/11 Years, -40Kg
- Boys Kumite, 10/11 Years, -45Kg
- Boys Kumite, 10/11 Years, +45Kg
- Girls Kumite, 10/11 Years, -45Kg
- Girls Kumite, 10/11 Years, +45Kg
- Boys Kumite, 12/13 Years, -40Kg
- Boys Kumite, 12/13 Years, -45Kg
- Boys Kumite, 12/13 Years, -55Kg
- Boys Kumite, 12/13 Years, +55Kg
- Girls Kumite, 12/13 Years, -42Kg
- Girls Kumite, 12/13 Years, -47Kg
- **Girls Kumite, 12/13 Years, -52Kg**
- **Girls Kumite, 12/13 Years, +52Kg PLUS**

SUBJECT TO CHANGE : PLEASE MAKE YOUR ATHLETES AVAILIABLE FOR FRIDAY AND SATURDAY

DIVISIONS:

SATURDAY

- All Cadet Kumite Divisions - Male / Female
- All Junior Kumite Divisions - Male / Female
- All U21 Kumite Divisions - Male / Female
- All Senior Kumite Divisions – Male/ Female
- All Veterans Kumite- Male/ Female
- All Master Kumite - Male/ Female

ADDITIONAL REQUIREMENTS

Please note the additional requirements:

- 1. Event Timetable to be sent out
- 2. ALL Athletes must use ALL THE REQUIRED PROTECTIVE GEAR REFERENCED IN THE WKF RULES 2023 - WKF Protective gear must be used. Athletes MUST carry their own sanitizer – with 70% alcohol base. SHIN/ FOOTER PADS and MITS will have to be sanitized before/ after each bout. NO SHARING OF EQUIPMENT WILL BE ALLOWED.
- 3. Only selected ACCREDITED PROVINCIAL coaches (Maximum 5 per Province) will be allowed to Coach at the Elite Part of the Tournament (once accredited by KSA Technical Convener- Shihan Brando Pillay. Only appointed coaches from each PROVINCE may coach an athlete from his/ her PROVINCE (WHO HAVE ATTENDED THE TECHNICAL CONFERENCE 2023 and/or a National COACHES COURSE 2023).

GENERAL INFORMATION

- Age of athletes for this tournament will be calculated as the age on 24th October 2023- in line with the World Championship
- All athletes must be medically fit before they can be allowed to participate.
- This is an Official National Elite Event and only registered members from the affiliated provinces may enter- PLEASE CARRY YOUR KSA CARD – no card no entry.

GENERAL CHAMPIONSHIP RULES

1. Athletes take part at their own risk. No claim may be made against KSA – WKF or any of the officials officiating on the day of the championship.
2. **No late entries** will be accepted, provinces must confirm with the Tournament Director prior the closing date to ensure that entries has been received.
3. **It is the responsibility of every Provincial Coach to explain the conditions/ rules to each athlete and or parent before entering the championship.**
4. **Any athlete entered in an incorrect age or weight division will be disqualified.** Coaches and Team Managers must ensure that correct information is submitted.
5. Any athlete not reporting to his/her floor after 3-call out will be disqualified.
6. **Tournaments will run BASED on rules discussed at the Technical Congress 2023, and Referees Courses 2023.**
7. Body protectors are compulsory for female & Male competitors. Athletes **MUST** carry their own sanitizer – with 70% alcohol based as per legislation. Sanitizer will be made available – SHIN/ FOOTER PADS and MITS will have to be sanitized before/ after each bout. **NO SHARING OF EQUIPMENT WILL BE ALLOWED.**
Mouth guards, red/blue mitts, foot and shin guards are also compulsory

GENERAL CHAMPIONSHIP RULES

Coaches:

1. Only the accredited, appointed coaches from each provinces may coach an athlete from his/ her province(5 Coaches per province).
2. Only coaches wearing their **full provincial tracksuit** will be allowed to coach. Those wearing only tracksuit top or trouser/ Jeans or Protea track suit wont be allowed on the floor.

Team Managers:

1. **ALL TEAMS MUST HAVE A TEAM MANAGER PRESENT FOR THE FULL DURATION OF THE EVENT- FAILURE TO HAVE A TEAM MANAGER PRESENT WILL RESULT IN 1 COACH BEING REMOVED FROM COACHING AND MADE A TEAM MANAGER FOR THE DURATION OF THE EVENT.**
2. Team Managers must wear their official Provincial Attire (Navy blue blazer, white shirt, tie, gray pants, black shoes & socks)

GENERAL CHAMPIONSHIP RULES

- **Referees and Judges:**

- **All officials must be dressed appropriately as per WKF and KSA rules, including table officials.**

ADDITIONAL INFORMATION:

It is required that all athletes must bring along the following:

- **Consent letter from parent/ Guardian/Indemnity form**
- **Forms MUST be filled in and signed by Parents or Legal Guardian NOT by a Coach or Karate Instructor**
- **NOTE: IF YOU HAVE ANY COVID19 SYMPTOM PLEASE DO NOT ATTEND THE TOURNAMENT**

REFEREES / COACHES COURSE AND EXAM

Date: Thursday 13th April 2023

Time: 12h00 to 16h00

**Venue: Lavender Hill Sports Facility – Prince George Drive-
Grindal Ave, Lavender Hill, Cape town**

Cost: R350 per person – Payment on Day

KSA NATIONAL TEAM TRAINING AND FINAL ANNOUNCEMENT NATIONAL TEAM

Date: Sunday 16th April 2023

Times:

- **8h00 to 9h00 – Childrens and Cadets**
- **09h30 to 11h00 – Juniors U21 Seniors Veterans and Masters**

Venue: Lavender Hill Sports Facility – Prince George Drive-Grindal Ave, Lavender Hill, Cape town

Nationals Squad Members Ranked 1- 4 on the latest Team Selection List – KSA will cover your Training Cost

COST: All Athletes outside the Top 4 Selection Picks will pay R 100 per person per session.

CONTACT INFORMATION

TOURNAMENT COMMISSION

KSA: Technical Convener:	Shihan Brando Pillay – 082 552 4638 brandopillay@webmail.co.za tc@karate-sa.org
Tournament Director:	Sensei Leonardo Ciutto – 082 451 2744 kznkaratekid@gmail.com
Provincial President KAWC- (LOC)	Shihan John Daniels kawc.president@gmail.com
Chief Referee:	Thabo Malobi Sensei thabomolubi30@gmail.com
Director of Coaching:	Michael Roetz michael.roetz@telkomsa.net
KSA Treasurer / Assist TD :	Mrs Shani Lakaram – 083 289 0987 treasurer@karate-sa.org
Chief Table Official :	Vash Reddy