



076-336-5351

076-104-4067

info@mmki-karate.com

MMKI - HQ: 6 Pluto Avenue, Wilropark, Roodepoort

MMKI - Noordheuwel: 12 Sneeuwberg Ave, Noordheuwel

MMKI - Witpoortjie: Witpoortjie Recreation Centre

## **Newsletter 1, 7 January 2025**

2025!!!!!!!!!!!!!!!!!!!!!!!!!!!!!! A new year. A new opportunity. A new beginning. This will also be YEAR 20 for our beloved club.

I hope the holidays have been kind to you and your family, and I truly hope that you are ready for the New Year. The year promises to be productive, and I believe the hard work of 2024 will carry over into 2025 and beyond.

The dojo will be reopening on **Monday, 13 January 2025**.

### **2025 CLASS LISTS & TIME CHANGES**

The 2025 Class Lists have been finalised and appear at the back of this newsletter. Please take a look at this list in order to clarify which classes you or your child will be training in this year. Please note that students may train in more than one class if they so desire. Should you or your child not be able to attend the advised sessions please feel free to discuss the matter with Sensei. Alternative arrangements can and will always be made. Class attendance will be monitored.

### **PRIVATE SPECIALIZED TRAINING AND COACHING**

Sensei Morgan and his team have resumed **PRIVATE SPECIALIZED TRAINING AND COACHING**. Students are requested to book private sessions in advance due to limited availability. All bookings and payments should be made in advance with Sensei Morgan. Booking forms can be found attached to the monthly invoice or alternatively in the additional documents section of the website.

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## 2025 TRAINING TIMES

### TRAINING TIMES – MORGAN MOSS KARATE HEADQUARTERS

6 Pluto Avenue, Wilropark, Roodepoort, 1724

<b>MONDAY</b>	
17:00 – 17:45	Beginners Class 1 (White)
17:45 – 18:30	Beginners Class 2 (White/Yellow/Jnr Orange)
18:30 – 19:45	Senior Tournament Class (14/15, 16/17 & 18+)
<b>TUESDAY</b>	
16:45 – 17:15	Pre-Karate (Ages 4/5)
17:15 – 18:15	Intermediate Class (Orange/Green/Blue)
18:15 – 19:15	Advanced Class (Purple/Brown/Jnr Black)
19:15 – 20:30	Senior Class (Snr Black & Adults)
<b>WEDNESDAY</b>	
17:00 – 17:45	Beginners Class 1 (White)
17:45 – 18:30	Beginners Class 2 (White/Yellow/Jnr Orange)
18:30 – 19:45	Senior Tournament Class (14/15, 16/17 & 18+)
<b>THURSDAY</b>	
16:45 – 17:15	Pre-Karate (Ages 4/5)
17:15 – 18:15	Intermediate Class (Orange/Green/Blue)
18:15 – 19:15	Advanced Class (Purple/Brown/Jnr Black)
19:15 – 20:30	Senior Class (Snr Black & Adults)
<b>FRIDAY</b>	
16:00 – 17:45	Junior Tournament Class (7-13)
17:45 – 19:15	Senior Tournament Class (14/15, 16/17 & 18+)

### TRAINING TIMES – MORGAN MOSS KARATE – NOORDHEUWEL

12 Sneeuwberg Avenue, Noordheuwel, Krugersdorp, 1739

<b>MONDAY/WEDNESDAY</b>	
17:00 – 18:00	Beginners Class (White/Yellow/Orange)

### TRAINING TIMES – MORGAN MOSS KARATE – WITPOORTJIE

Witpoortjie Recreation Centre, Witpoortjie, Roodepoort, 1724

<b>MONDAY/WEDNESDAY</b>	
18:00 – 19:00	Beginners Class (White/Yellow/Orange)

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## **DOJO TERM SCHEDULE**

Term 1: 13 Jan – 28 March (29 MARCH – 7 APRIL 2025 – HOLIDAY/SKELETON CLASSES)

Term 2: 8 April – 27 June (28 JUNE – 21 JULY 2025 – HOLIDAY/SKELETON CLASSES)

Term 3: 22 July – 3 October (4 OCT – 12 OCT 2025 – HOLIDAY/SKELETON CLASSES)

Term 4: 13 October – 7 December (8 – 15 DECEMBER 2025 – HOLIDAY/SKELETON CLASSES)

## **DOJO HOLIDAYS (School/Public/Dojo Holidays) – No Karate**

21 March, 18, 21, 28, 29, 30 April, 1, 2 May, 16 June, 24 September

## **DOJO GRADING/TESTING DATES**

Term 1: 25-27 March (White-Brown Belts)

Term 2: 24-26 June (White-Brown Belts)

Term 3: 15-17 September (White-Brown Belts)

Term 4: 2-4 December (White-Brown Belts)

Term 4: 5-7 December (Junior Black Belts)

TBA: SENIOR BLACK BELT GRADINGS (This will be communicated directly to grading candidates)

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## 2025 TRAINING COSTS

### (APPLIES TO ALL MMKI BRANCHES & TAKES AFFECT AS OF APRIL 2025)

	<b>ANNUALLY</b>
Affiliation (All Members)	<b>R 750.00</b>
Development & Equipment Fee	<b>R 300.00</b>
	<b>MONTHLY</b>
Tuition Fee (Karate: Children to Adults) (1 Member)	<b>R 650.00</b>
Tuition Fee (Karate: Children to Adults) (2 Members)	<b>R 1200.00</b>
Tuition Fee (Karate: Children to Adults) (3 Members)	<b>R 1650.00</b>
Tuition Fee (Karate: Children to Adults) (4 Members)	<b>R 2000.00</b>
Tuition Fee (Karate: Children to Adults) (5 Members)	<b>R 2250.00</b>
Tuition Fee (Pre-Karate: 4 - 5 years)	<b>R 500.00</b>
Children's Tournament Class (7-11 years)	<b>R 300.00</b>
Children's Pre-Cadet Tournament Class (12-13 years)	<b>R 350.00</b>
Cadet, Junior & Senior Tournament Class (Internal)	<b>R 400.00</b>
Cadet, Junior & Senior Tournament Class (External)	<b>R 750.00</b>
	<b>TERMLY</b>
Schools Karate (Pre-Schools, Primary/High Schools)	<b>R 1200.00</b>
	<b>HOURLY</b>
Private Coaching (1 Member) (R 300.00 x 1)	<b>R 300.00</b>
Private Coaching (2 Members) (R 250.00 x 2)	<b>R 500.00</b>
Private Coaching (3 Members) (R 200.00 x 3)	<b>R 600.00</b>
Private Coaching (4 Members) (R 175.00 x 4)	<b>R 700.00</b>
Seiwakai Life Book (All Students)	<b>R 200.00</b>
Seiwakai Badges	<b>R 100.00</b>
Grading/Test – White, Yellow & Orange Belts	<b>R 300.00</b>
Grading/Test – Green & Blue Belts	<b>R 350.00</b>
Grading/Test – Purple & Brown Belts	<b>R 400.00</b>
Grading/Test – Annual Standardization – Black Belts Only	<b>R 500.00</b>

Your fees are paid monthly in advance before the 7<sup>th</sup> day of the new month. An annual affiliation fee, development & equipment fee is payable each year. This covers International, National, Provincial Associations and Dojo registrations. Gradings and compulsory seminars take place during the year, cost vary on these.

## 2025 CALENDAR

The 2025 calendar is in the process of being finalized and will be sent out via email and whatsapp asap. Term 1 events have been included below.

## UPCOMING EVENTS

### TERM 1

JAN11	MMK SQUAD TRAINING/CAMP
JAN 13	DOJO OPENS
JAN 17	PARENTS MEETING (REGIONAL ATHLETES PARENTS ONLY)
JAN18	MMK SQUAD TRAINING/CAMP
JAN 25/26	KSA TECHNICAL CONGRESS & KSA TRAINING CAMP
FEB 1/2	GKF TRIALS, PRETORIA
FEB 8	GKF COACHES & OFFICIALS COURSE
FEB 15	GKF SQUAD TRAINING
FEB 21-23	KSA NATIONALS, u/21, SENIORS, VETERANS, PE
MAR 1	MMK SQUAD TRAINING/CAMP
MAR 7-9	KSA NATIONALS, CHILDRENS, CADETS, JUNIORS, KZN
MAR 21	NO KARATE
MAR 25-27	GRADING 1

## CLASS LISTS.....CLASS LISTS.....CLASS LISTS.....CLASS LISTS.....

### CLASS LISTS MMKI HQ, 6 Pluto Avenue, Wilropark, Roodepoort, 1724

Monday & Wednesday, 17:00 – 17:45, Beginners Class 1 (White)

Haiden Dreyer	8TH KYU - JNR YELLOW 2
Anja Erasmus	9TH KYU - WHITE 3
Luane Erasmus	8TH KYU - JNR YELLOW 1
Dante Kieser	9TH KYU - WHITE 2
Oagile Lekone	9TH KYU - WHITE 3
Jordan Moss	8TH KYU - JNR YELLOW 3
Ndumiso Ngubeni	9TH KYU - WHITE 3
Nkosinathi Sibanda	9TH KYU - WHITE 3



Monday & Wednesday, 17:45 – 18:30, Beginners Class 2 (White/Yellow/Jnr Orange)

Lamori Bornman	8TH KYU - YELLOW 3
James Botomvia	9TH KYU - WHITE 3
Reese Buisman	7TH KYU - JNR ORANGE 2
Sacha Chetty	8TH KYU - YELLOW 2
Aidan Jonker	7TH KYU - JNR ORANGE 1
Abharika Maharaj	8TH KYU - YELLOW 2
Dale Seyffert	8TH KYU - YELLOW 3
Logan Seyffert	7TH KYU - JNR ORANGE 3

Tuesday & Thursday, 17:15 – 18:15, Intermediate Class (Orange/Green/Blue)

Marco Cilliers	5TH KYU - BLUE 2
Mia Cilliers	6TH KYU - GREEN 2
Blake Cronje	5TH KYU - BLUE 2
Nathan Diedericks	6TH KYU - GREEN 2
Tayden du Toit	7TH KYU - ORANGE 1
Zandre Haasbroek	7TH KYU - ORANGE 2
Hailey Jooste-Coetsee	6TH KYU - GREEN 1
Noah Jooste-Coetsee	7TH KYU - ORANGE 1
Alexander Kapp	7TH KYU - ORANGE 2
Boigantsho Malatji	7TH KYU - JNR ORANGE 2
Bokamoso Conway Malatji	7TH KYU - ORANGE 2
Boitshepo Matlhahlane	7TH KYU - ORANGE 1
Ntlakusa Ethan Mongwe	7TH KYU - ORANGE 1
Dominic Naude	7TH KYU - ORANGE 1
Aiden Pansegrouw	5TH KYU - BLUE 2
Kayne Roode	5TH KYU - JNR BLUE 3
Otsile Tshenolo Sekano	7TH KYU - ORANGE 2
Khumoetsile Sekano	7TH KYU - ORANGE 2
Sakhekile Skwatsha	7TH KYU - ORANGE 2
Blaine Toy	5TH KYU - BLUE 2
Ricardo van Biljon-Moss	6TH KYU - JNR GREEN 3
Noah van Druuten-Nel	5TH KYU - JNR BLUE 3
Gutara'She Zabane	7TH KYU - ORANGE 2

Tuesday & Thursday, 18:15 – 19:15, Advanced Class (Purple/Brown/Jnr Black)

Evelyn Boonzaaier-Hemingway	4TH KYU - PURPLE 3
Luandro Bornman	4 <sup>th</sup> KYU – PURPLE 3

<b>Conrad Botha</b>	<b>SHODAN (BLACK 1)</b>
Hayley Bothma	SHODAN HO (JNR BLACK 1)
Bronwynn Bronn	SHODAN HO (JNR BLACK 1)
Samuel Cech	NIDAN HO (JNR BLACK 2)
Sara Cechova	4TH KYU - PURPLE 3
Logan Don	1ST KYU - BROWN 3
Brendan Engelbrecht	SHODAN HO (JNR BLACK 1)
Dewald Engelbrecht	NIDAN HO (JNR BLACK 2)
<b>Xander Engelbrecht</b>	<b>SHODAN (BLACK 1)</b>
Adriaan Marais	4TH KYU - PURPLE 1
Lexi Muller	4TH KYU - JNR PURPLE 2
Daniella Naude	4TH KYU - PURPLE 1
Quintone Nyungu	4TH KYU - PURPLE 3
<b>Chloe Preston</b>	<b>2ND KYU - BROWN 2</b>
<b>Joshua Redelinghuys</b>	<b>3RD KYU - BROWN 1</b>
<b>Marissa Schoombie</b>	<b>SHODAN (BLACK 1)</b>
Monwabisi Sethi	4TH KYU - PURPLE 2
Dylan Seyffert	4TH KYU - PURPLE 3
Bradley Steyn	SHODAN HO (JNR BLACK 1)
Joshua Steyn	3RD KYU - BROWN 1
Adrian Underwood	4TH KYU - PURPLE 2
Anja Underwood	4TH KYU - PURPLE 1
Jamie-Lee van den Heever	1ST KYU - BROWN 3
Ethan Venter	SHODAN HO (JNR BLACK 1)
Andrew Williams	SHODAN HO (JNR BLACK 1)
<b>Zaji Zabane</b>	<b>SHODAN (BLACK 1)</b>

Tuesday & Thursday, 19:15 – 20:30, Senior Class (Snr Black & Adults)

Martin Bergh	NIDAN (BLACK 2)
Sarah Bronn	NIDAN (BLACK 2)
Riaan Coetzee	SHODAN (BLACK 1)
Christel Fick	4TH KYU - PURPLE 3
Gary Hemingway	SANDAN (BLACK 3)
Morgan Moss	GODAN (BLACK 5)
Gavin Pansegrouw	SANDAN (BLACK 3)
David Payne	SHODAN (BLACK 1)
Brogan Taylor	SHODAN HO (JNR BLACK 1)
Slade Taylor	SANDAN (BLACK 3)
Rodney Underwood	4TH KYU - PURPLE 1
Daniel Xaba	NIDAN (BLACK 2)



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**CLASS LISTS MMKI NOORDHEUWEL, 12 Sneeuwberg Avenue, Noordheuwel**

Monday & Wednesday, 17:00 – 18:00, Beginners Class 1 (White)

Jean-Roux Combrinck	8TH KYU - YELLOW 2
Xander de Villiers	7TH KYU - ORANGE 2
Natalie Nel	5TH KYU - BLUE 1
Naomi Nel	5TH KYU - BLUE 1
Juan Pretorius	8TH KYU - YELLOW 3
Michael Stilianou	7TH KYU - JNR ORANGE 3

Laziness kills **AMBITION**

Anger kills **WISDOM**

Fear kills **DREAMS**

Ego kills **GROWTH**

Jealousy kills **PEACE**

Doubt kills **CONFIDENCE**

**NOW READ THIS BACKWARDS.....**

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