



MORGAN MOSS KARATE  
INTERNATIONAL

# 道空会誠和柔剛



## 2023 MMK-KARATE INFORMATION BOOKLET

Club Members: +/- 130

Years Open: 2006 – 2023



# MORGAN MOSS KARATE INTERNATIONAL

## BRIEF HISTORY

Black Belts: **41**

National Team Members: **43** Provincial Team Members: **97**

SA Goju Team Members: **31** Regional Team Members: **121**

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 道 手 空 会 和 誠 流 柔 剛



The style of karate being taught is Traditional Goju-Ryu Karate-do. This is a very traditional style that originated in Okinawa, Japan. The teaching incorporates the art of karate-do, fitness, self-discipline, confidence, mental awareness, respect and responsibility. The primary focus is on learning a system which will help you when the situation arises as well as building the individual and allowing him/her to reach their full potential not only in the art, but life as well as sport. The dojo has a team of helpers who have internationally recognized grades.

The head instructor is Mr. Morgan Moss who is currently a 5<sup>th</sup> Dan black belt with 29 years karate experience. Morgan has the following titles to his name:

- WORLD PREMIER LEAGUE CHAMPION (WKF)
- WORLD CHAMPION X 4 (WGKF)
- Commonwealth Champion X 8
- African Champion
- African Student Champion
- Zone 6/Region 5 Champion
- Winner of the Korean, Vienna, Banzai (German), Basler, Finnish, Sugihara, SA, Botswana, & Mozambique Open International Championships
- South African Champion x15
- South African Student Champion
- South African Goju-Ryu Champion
- Gauteng Champion/West Rand Champion

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 道空会誠流柔剛



Morgan also has several qualifications which also add to this unique karate experience:

- BA Hons Sport Science (UJ)
- BA Child and Family Psychology (UJ)
- BA Sport Psychology (UJ)
- Level 3 First Aid (FOS)
- Sport Massage Therapy (HFPA)
- Sports Nutrition and Supplementation (HFPA)
- Instructors Diploma (IBA)
- World Karate Federation Accredited Coach (WKF)
- World Karate Federation Kumite & Kata Coach License (WKF)
- African Karate Federation Kumite and Kata Coach License (UFAK)
- Region 5 International Kumite and Kata Coach License (Region 5)

The dojo is affiliated to the following provincial, national, and international federations:

- Morgan Moss Karate International (MMKI)
- Goju-Ryu Seiwakai International
- West Rand Karate Federation (WRKF)
- Gauteng Karate Federation (GKF)
- Karate South Africa (KSA)
- Union of African Karate Federations (UFAK)
- World Karate Federation (WKF)
- African Goju-Ryu Karate Federation (AGKF)
- World Goju-Ryu Karate Federation (WGKF)

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 道空会誠和柔剛



## TRAINING TIMES – MORGAN MOSS KARATE – SILVERFIELDS (HEADQUARTERS)

21 Carol Road, Silverfields, Krugersdorp, 1739

<b>MONDAY</b>	
17:30 – 18:15	Ladies Cardio/Self Defense Courses
18:15 – 19:30	Senior Tournament Class (14/15, 16/17 & 18+)
<b>TUESDAY</b>	
16:30 – 17:00	Pre-Karate (Ages 4/5)
16:45 – 17:30	Beginners Class (White/Yellow/Orange)
17:30 – 18:15	Intermediate Class (Green/Blue)
18:15 – 19:15	Advanced Class (Purple/Brown/Jnr Black)
19:15 – 20:30	Senior Class (Snr Black & Adults)
<b>WEDNESDAY</b>	
17:30 – 18:15	Beginners Class (White/Yellow/Orange)
18:15 – 19:30	Senior Tournament Class (14/15, 16/17 & 18+)
<b>THURSDAY</b>	
16:30 – 17:00	Pre-Karate (Ages 4/5)
16:45 – 17:30	Beginners Class (White/Yellow/Orange)
17:30 – 18:15	Intermediate Class (Green/Blue)
18:15 – 19:15	Advanced Class (Purple/Brown/Jnr Black)
19:15 – 20:30	Senior Class (Snr Black & Adults)
<b>FRIDAY</b>	
16:00 – 17:45	Junior Tournament Class (7-13)
17:45 – 19:15	Senior Tournament Class (14/15, 16/17 & 18+)

## TRAINING TIMES – MORGAN MOSS KARATE – NOORDHEUWEL

Noordheuwel Shopping Centre, Supreme Being Gym, Robert Broom,  
Noordheuwel

<b>MONDAY/WEDNESDAY</b>	
17:00 – 18:00	Beginners Class (White/Yellow/Orange)

## TRAINING TIMES – MORGAN MOSS KARATE – WITPOORTJIE

Warrior Ringball Club, 27 Exchange Road, Mindalore, Krugersdorp

<b>MONDAY/WEDNESDAY</b>	
17:00 – 18:00	Beginners Class (White/Yellow/Orange)

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 道空会誠流柔剛



## DOJO TERM SCHEDULE

Term 1: 10 Jan – 24 March (25 MARCH – 11 APRIL 2023 – HOLIDAY/SKELETON CLASSES)

Term 2: 12 April – 23 June (24 JUNE – 17 JULY 2023 – HOLIDAY/SKELETON CLASSES)

Term 3: 18 July – 29 September (30 SEP – 9 OCT 2023 – HOLIDAY/SKELETON CLASSES)

Term 4: 10 October – 13 December (4 – 15 DECEMBER 2023 – HOLIDAY/SKELETON CLASSES)

## DOJO HOLIDAYS (School/Public/Dojo Holidays) – No Karate

20, 21 March, 7, 10, 27, 28 April, 1 May, 16 June, 9 August, 24, 25 September

## BANK DETAILS

Bank: **First National Bank**  
Branch: **Westgate**  
Branch Number: **250841**  
Account Holder: **Morgan Moss Karate and Sports Conditioning cc**  
Account Number: **62386436606**  
Account Type: **Business Account**  
Reference: **Childs Name and Surname**  
Email Confirmation: [info@mmki-karate.com](mailto:info@mmki-karate.com)

For further information regarding Morgan Moss Karate International contact Mr. Morgan Moss at 076 336 5351 or email [info@mmki-karate.com](mailto:info@mmki-karate.com).

Also, please feel free to check out our website [www.mmki-karate.com](http://www.mmki-karate.com)

Disclaimer: Morgan Moss Karate International and its instructors hereby indemnifies themselves against any accident, injury or loss caused in any way whatsoever or cost incurred on account of such injury or loss that may occur as a result of the training or participation in Karate Classes, Seminars, Grading's, Camps and Competitions.

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 道空会誠和柔剛



## TRAINING COSTS

	<b>ANNUALLY</b>
Affiliation (All Members)	<b>R 650.00</b>
Development & Equipment Fee	<b>R 300.00</b>
	<b>MONTHLY</b>
Tuition Fee (Karate: Children to Adults) (1 Member)	<b>R 600.00</b>
Tuition Fee (Karate: Children to Adults) (2 Members)	<b>R 1100.00</b>
Tuition Fee (Karate: Children to Adults) (3 Members)	<b>R 1425.00</b>
Tuition Fee (Karate: Children to Adults) (4 Members)	<b>R 1700.00</b>
Tuition Fee (Karate: Children to Adults) (5 Members)	<b>R 2000.00</b>
Tuition Fee (Pre-Karate: 4 - 5 years)	<b>R 450.00</b>
Children's Tournament Class (7-11 years)	<b>R 250.00</b>
Children's Pre-Cadet Tournament Class (12-13 years)	<b>R 300.00</b>
Cadet, Junior & Senior Tournament Class (Internal)	<b>R 350.00</b>
Cadet, Junior & Senior Tournament Class (External)	<b>R 750.00</b>
Ladies/Self Defence Course	<b>TBC</b>
Schools Karate (Pre-Schools)	<b>R 250.00</b>
Schools Karate (Primary/High Schools)	<b>R 400.00</b>
	<b>HOURLY</b>
Private Coaching (1 Member) (R 250.00 x 1)	<b>R 250.00</b>
Private Coaching (2 Members) (R 200.00 x 2)	<b>R 400.00</b>
Private Coaching (3 Members) (R 175.00 x 3)	<b>R 525.00</b>
Private Coaching (4 Members) (R 150.00 x 4)	<b>R 600.00</b>
Seiwakai Life Book (All Students)	<b>R 200.00</b>
Seiwakai Black Belt Membership Card (Lost Card)	<b>R 50.00</b>

Your fees are paid monthly in advance before the 7<sup>th</sup> day of the new month. An annual affiliation fee, development & equipment fee is payable each year. This covers International, National, Provincial Associations and Dojo registrations. Gradings and compulsory seminars take place during the year, cost vary on these.

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE INTERNATIONAL

# 道空会誠流柔剛



Confidentiality notice: This page and any accompanying documents contain confidential information intended for a specific individual and purpose. This information is private and protected by law. If you are not the intended recipient you are hereby notified that any disclosure, copying or distributing or the taking of any action based on the contents of this information is strictly prohibited.

## MEMORANDUM OF AGREEMENT

Between

Morgan Moss Karate and Sports Conditioning cc  
(Herein after referred to as "the Dojo")  
and

Parent/Guardian:	
Identity Number:	
Student:	
Identity Number:	
Date of Birth:	
Residential Address:	
Postal Address:	
Contact Numbers:	
E-mail Addresses:	

The parties agree that:

1. The student member shall for a period of one (1) month commencing on.....2022 commence membership of the dojo. Membership shall continue thereafter until terminated by one (1) calendar months notice, in writing to the Dojo or at the end of the calendar year by the member or guardian.
2. The student member or guardian agrees to undertake to pay the annual affiliation fee as well as the monthly fees which are set in advance by the 7<sup>th</sup> of each month. Should the student member or guardian fail to make due and punctual payment of fees or any other valid amounts due in terms hereof or at law, the balance of the account then shall become immediately due and payable upon written notice to this effect to the student member or guardian. The student member or guardian fully understand and are aware that they are liable and responsible for the payment of the fees and any other amounts due, irrespective whether or not the student attends classes regularly.
3. The student member or guardian warrant and confirm that they are aware that karate involves a high level of physical endurance, training and combat, and that by its nature karate involves risk of bodily injury and possible actions, claims, demands, costs and expenses (medical or otherwise) arising out of or incurred in connection with or as a result of, or which may be attributed to the bodily injury incurred by the student member in consequence of his/her karate training, combat and related activities carried on as a member of the Dojo.
4. There will be classes for 12 months of the year excluding certain holiday periods. The student member is expected to train for two (2) classes per week and will inform the Dojo when unable to attend classes.
5. The student member or guardian are obliged to disclose in the space below any medical or health related conditions or problem of whatsoever nature afflicting the student member. These are (if any).....

Signed at .....on this.....day of.....2022.

Parent/Guardian.....Student.....

Signed at .....on this.....day of.....2022.

Parent/Guardian.....Student.....

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)



MORGAN MOSS KARATE  
INTERNATIONAL

# 剛柔流誠和会空手道



## MEDICAL AND GENERAL INFORMATION: KARATE

Confidentiality notice: This page and any accompanying documents contain confidential information intended for a specific individual and purpose. This information is private and protected by law. If you are not the intended recipient you are hereby notified that any disclosure, copying or distributing or the taking of any action based on the contents of this information is strictly prohibited.

Students Name(s):	
Date of Birth:	
Current School:	

### CONTACT DETAILS

Student:	(c)	(h)
	(E-mail)	

### PARENT/GUARDIAN DETAILS

Name(s):		
Contact Numbers:	(c)	(c)
	(h)	(h)
	(w)	(w)
E-mail Addresses:		
Identity Numbers:		
Residential Address:		
Postal Address:		

### MEDICAL AID DETAILS

Name of Medical Aid:	
Number:	
Principle Member:	
Next of Kin (Other than Parent):	
Contact Numbers:	(c)
	(h)
	(w)
Student Allergies/Medical Conditions:	

Morgan Moss (5<sup>th</sup> Dan)

BA Hons Sport Science (UJ), BA Child and Family Psychology (UJ), BA Sport Psychology (UJ), Sport Nutrition and Supplementation (HFPA), Sport Massage Therapy (HFPA), Level 3 First Aid (First on Scene), Instructors Diploma (IBA), World Karate Federation Accredited Coach (WKF), World Karate Federation Kumite & Kata License (WKF)  
Affiliated to: Goju Ryu Seiwakai International, Morgan Moss Karate International (MMKI), West Rand Karate Federation, Gauteng Karate Federation, Karate South Africa (KSA), Union of African Karate Federations (UFAK), World Karate Federation (WKF), African Goju-Ryu Karate Federation (AGKF), World Goju-Ryu Karate Federation (WGKF)